

Children's Mental Health Week

Wordsearch

M S L R N A S I N R C V Q E L
O R D P O S I T I V I T Y C K
H Y H N C L S T R E S S P C N
D J T Q E E M O T I O N S S Y
X F N E A I T D Z G V N L E L
C P M V I Z R U L P D O A A H
X J L K O X T F D W M S U F F
D X W E L L N E S S U G T C H
M P Y M F V X A Q P H W H M Q
R O Z E S A G Q P T Z T A Y U
L J R P L L F O E N N E L T O
Q H U E S C R R O P E C P K R
W Q R H A T W E S I C R E X E
M H T L A E H L A T N E M Q J
H K M T M E D I T A T I O N A

WELLNESS
FRIENDS
ANXIETY
CALM

MENTAL-HEALTH
POSITIVITY
LAUGHTER
STRESS
MEDITATION

STRESS
SUPPORT
EMOTIONS
RELAX

